



# MONICA DUBAY

*Heal Your Mind, Heal Your Life*

Transformation, Empowerment and Leadership for Women

*A leading edge transformational teacher and seasoned speaker with 25 years of experience leading passionate, thoughtful, breakthrough presentations.*

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Monica’s ability to identify and clear away beliefs about money that are keeping us stuck in the Money Blocks Workshop was extraordinary. This workshop not only erased my fears and beliefs about money, but it changed my outlook on my whole financial future and for that I will be forever grateful.”

—C. Goodwin

**M**onica is a spiritual teacher, healer, coach and author, and catalyst for transformational leadership. She is on a mission to empower women who want to crush fear, shamelessly love themselves and change the world.

Her Transformation Program, called **Heal Your Mind Heal Your Life**, brings participants into their heart, to quickly release fear and blocked emotions through powerful energy healing. The goal of the program is to ignite each person to become aligned to their Spiritual Self, receive direct guidance and embrace their life of purpose.

Monica is a member of the Global Alliance for Holistic Psychotherapy and Coaching and won their Outstanding Achievement Award in 2016. She is published by Inspired Living Publishing and featured in *Midlife Transformation*, an international Amazon Bestseller for Self-Help. She is currently writing her book, *Heal Your Mind Heal Your Life, A Guide for Personal Transformation*.

## SPEAKING TOPICS

- *How to Navigate Your Transition to Your New Life*
- *Release Your Money Story and Find Financial Freedom*
- *How to Crush Self-Sabotage with Self Love*
- *4 Steps to Becoming Fearless About Your Future*

## ASK ABOUT YOUR VIP DAY...

The VIP Day is one intensive 5 hour session spent privately with Monica, to clarify and commit to creating your life’s true desire and purpose. Release the resistance to your new life of freedom and joy with this powerful day. To schedule with Monica, call 603-486-8770.